

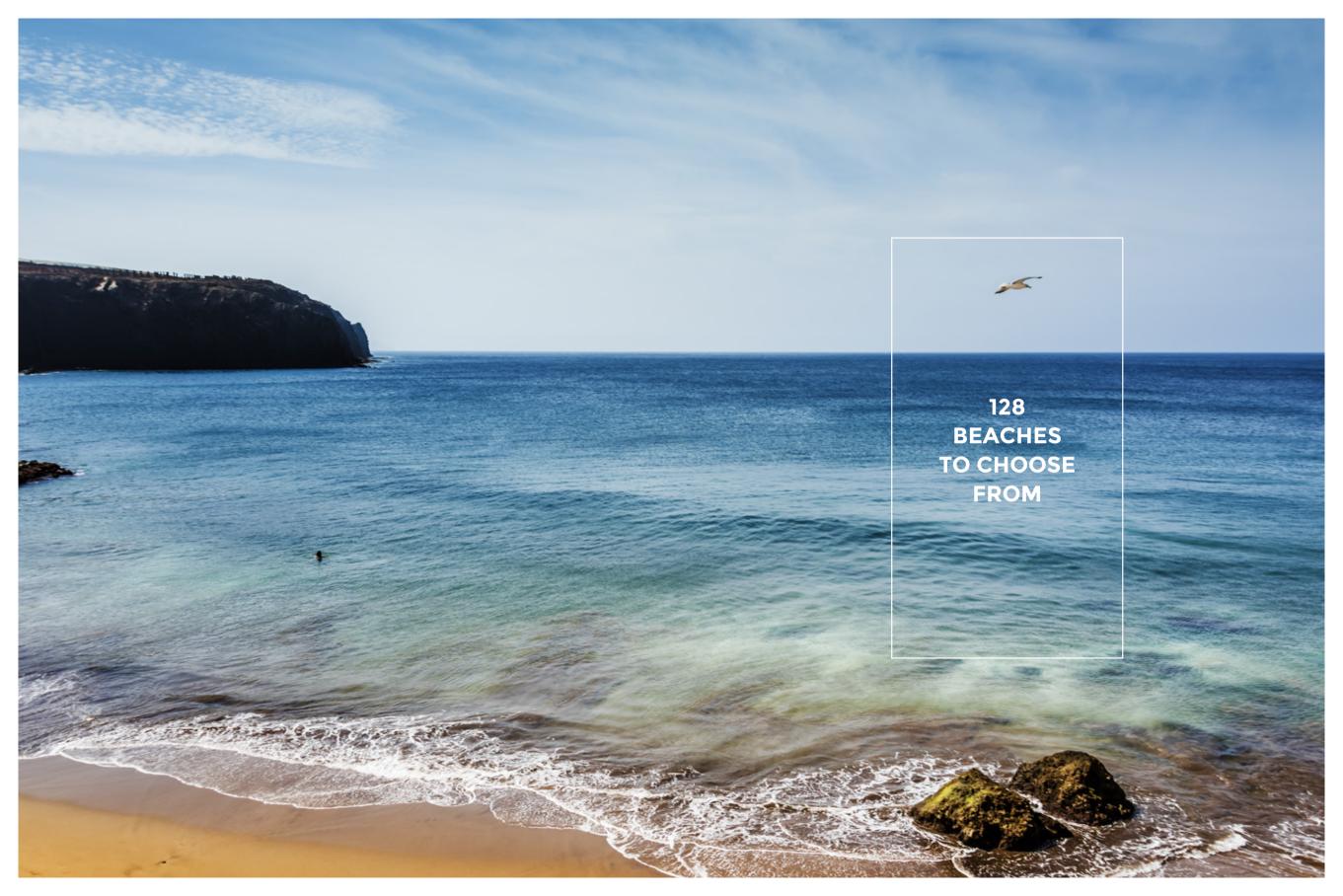
A MINIATURE CONTINENT

Gran Canaria is an authentic "Miniature Continent", a special characteristic it is blessed with which has led UNESCO to declare over 40% of the island a World Biosphere Reserve. It is an island of contrasts, a spectacular landscape setting which stands out for its natural qualities, its micro-climates and unique geographical relief.









236 KM OF BEACHES

A SEA OF POSSIBILITIES

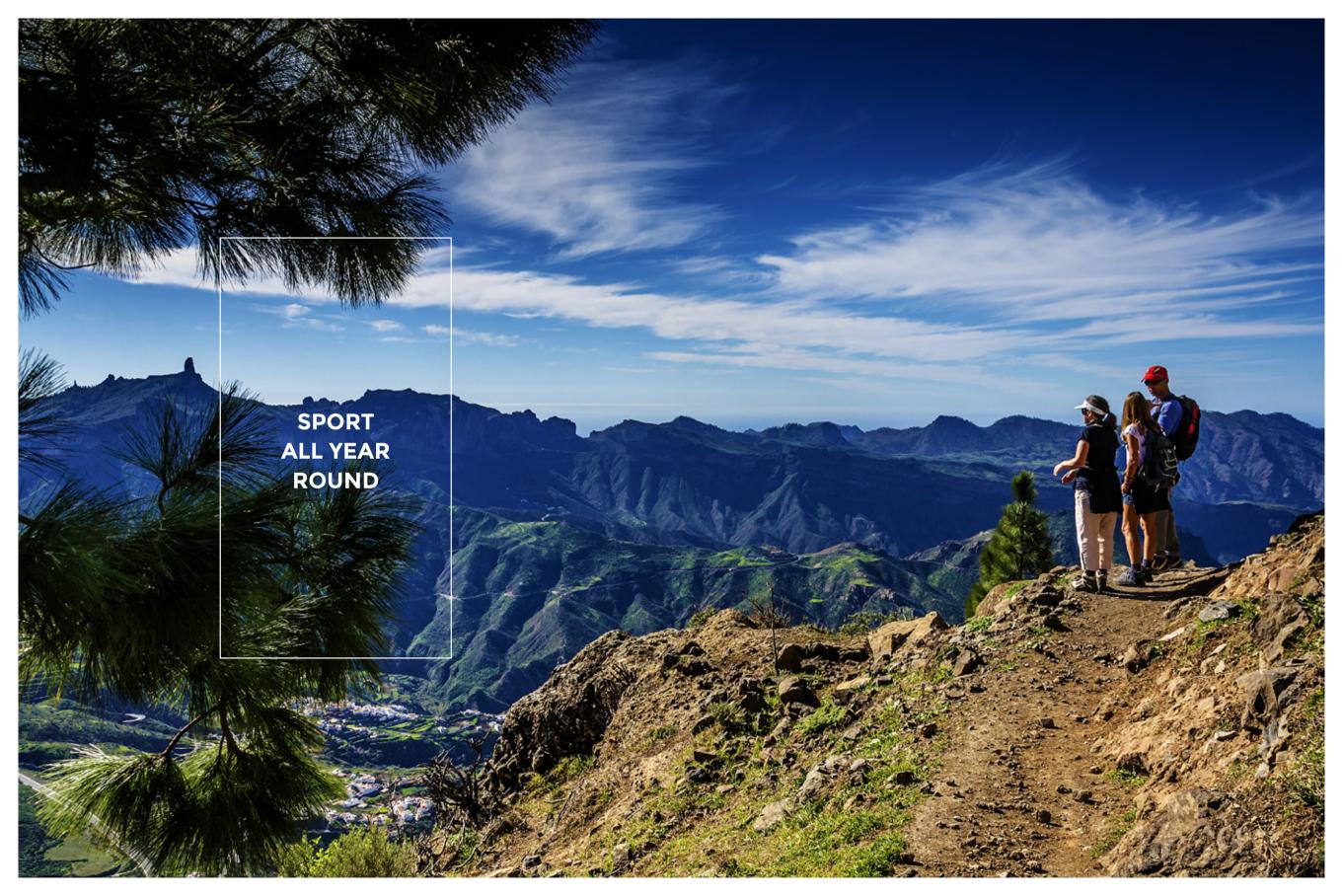
Sailing, surf, windsurf, bodyboard, snorkelling and diving at your fingertips... Not surprisingly, Gran Canaria is home to around thirty or so world champions and six Olympic medallists.

We are surrounded by water that is there to be enjoyed any way you like. 236 kilometres of coastline, crystal clear water, gentle winds and spring-like temperatures are the icing on the cake at the sports marina infrastructures in Gran Canaria, for the enjoyment of nautical sports all through the year.















AN OUTDOOR GYM

Sports enthusiasts have an endless choice of alternatives with which to combine exercise with the enjoyment of lush countryside both in the interior and at stunning coastal locations.

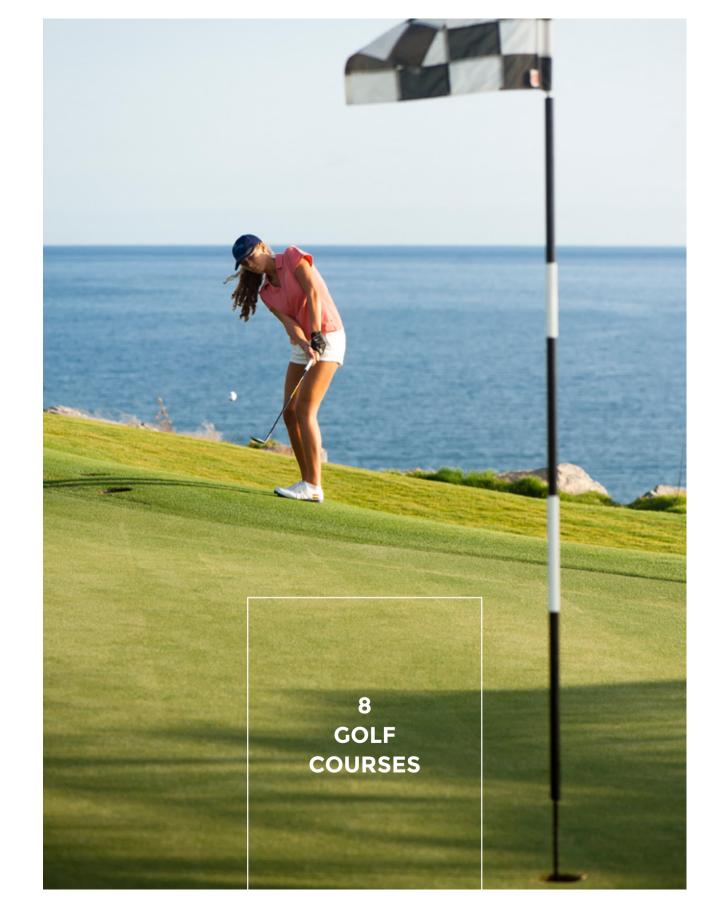
The gentle climate that prevails on the island throughout the year is an open invitation to take part in a wide range of sporting pursuits in natural surroundings.

Hiking, climbing, surfing and cycle routes are just some of the best tourist attractions Gran Canaria has to offer.

365 DAYS OF GOLF

Gran Canaria is the perfect setting for golfers. Year-round fine weather and 8 superb golf courses, all with different characteristics, are there to be enjoyed, a radius of just 50 km.

Playing golf in Gran Canaria is more than just playing sport, it is a tradition that dates back to 1891, the year in which the Royal Golf Club of Las Palmas was founded, the first golf club in Spain. Since then Gran Canaria has become famous for being a place to play golf every day of the year.

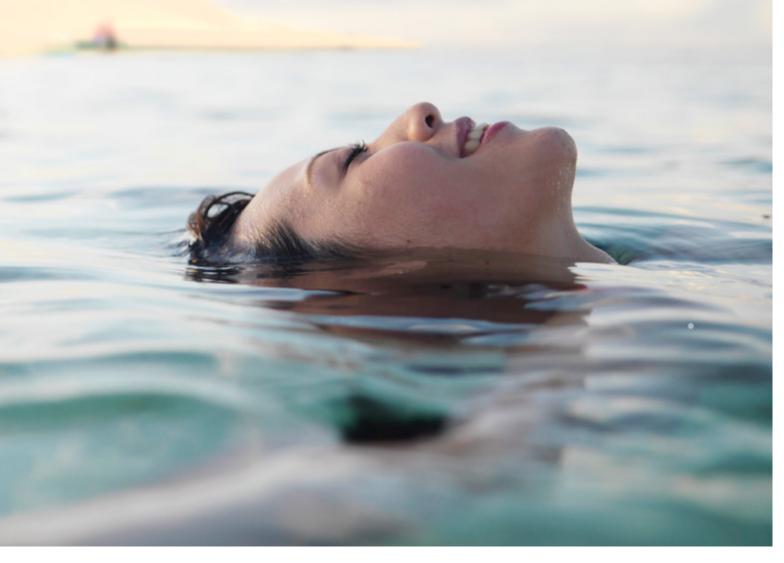


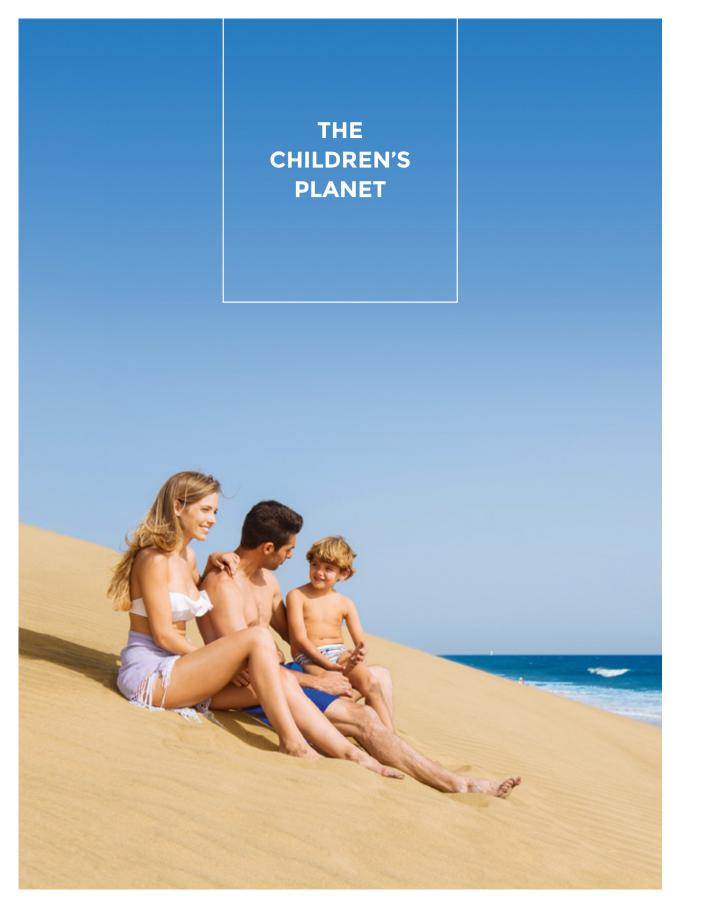
THE FORMULA FOR REST

AN OASIS FOR YOUR HEALTH

Gran Canaria offers a wide array of spa and thalassotherapy centres. Top professionals from the wellbeing industry, together with the latest relaxation and personal treatments, come together at a destination designed for rest.

Nature is allied to Gran Canaria to offer visitors an endless list of restful therapies. Treatments include Aloe Vera, algae, sea mud, salt baths and hydrotherapy, and these are just some of the opportunities afforded by the Spa and Thalassotherapy centres in Gran Canaria, the perfect destination to chill out and regain your vital energy.





THE CHOICE FOR YOUNGSTERS

Gran Canaria is a family-oriented holiday destination aimed, where young children can enjoy safe beaches for bathing and get up close to nature all year round, providing fun for the kids and relaxation for us.

Attractions range from camel rides to a visit to the wild west at Sioux City, or maybe a trip on a submarine over the sea bed of Mogán; a visit to the Poema del Mar aquarium, a journey to the stunning world of exotic animals at Palmitos Park, or an unforgettable day out on the slides at one of the water parks. In Gran Canaria getting bored is unthinkable.

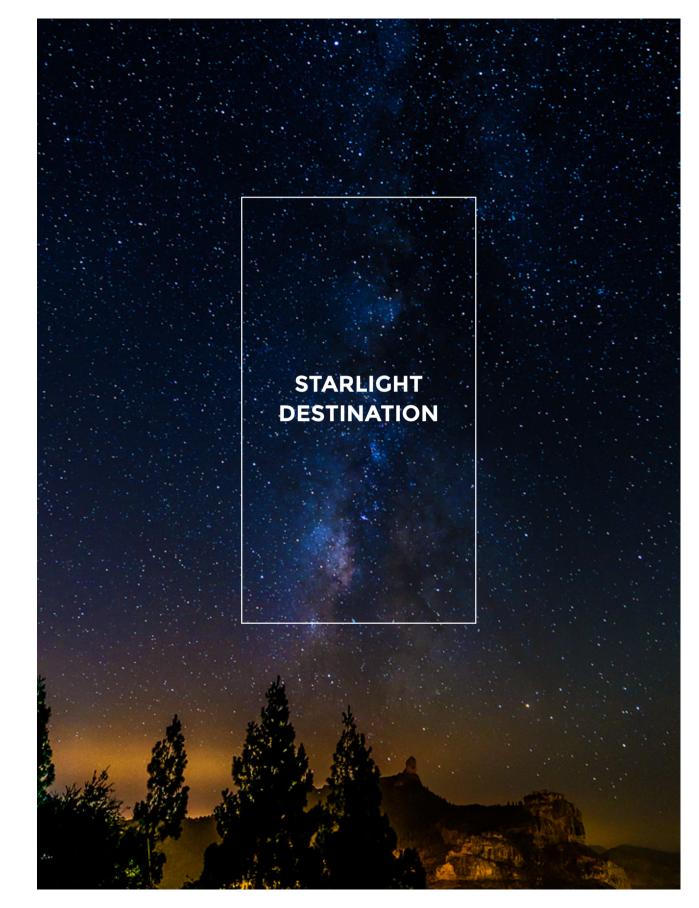




THE INFINITE BRIGHT LIGHTS OF GRAN CANARIA

Gran Canaria has graduated with honours in the field of amazing night time skies. The prestigious Starlight Foundation, endorsed by UNESCO, has declared the island a Starlight Tourist Destination, certifying that it represents a privileged spot for gazing up at the stars and feeling you can nearly touch them. Gran Canaria is like a window that opens up to the skies, a place to contemplate the infinite brightness of the universe.





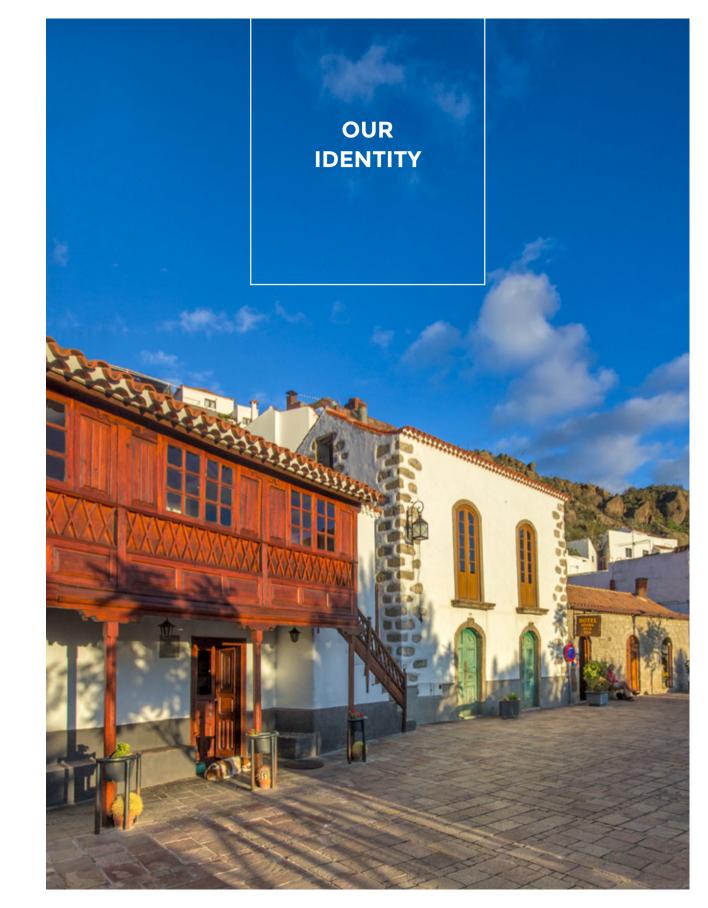
OVER 500 YEARS OF HISTORY

The island boasts villages, towns and cities with over 500 years of history behind them, reflecting an architecture with a colonial flavour and age-old traditions that set a marked Atlantic tone.

As a bridge straddling three continents, Gran Canaria was witness to the greatest adventure in history, namely the discovery of the New World.







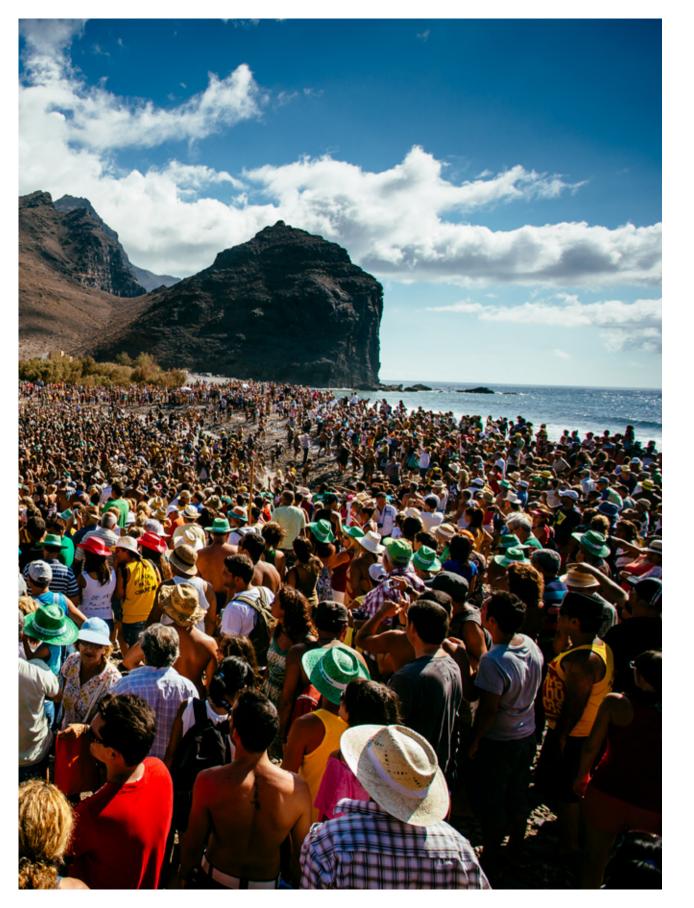


A BLEND OF CULTURES

Classical music, opera, theatre and dance, jazz and cinema... the island lays on a luxury cultural programme every single month. The benign climate is the greatest endorsement for organizing cultural activities in open air locations throughout the year, offering an endless array of possibilities.

Gran Canaria's important historical legacy has is origins in the ancient dwellers on the island, whose archaeological remains complement a great cultural offer. The museums of Gran Canaria provide a meeting place with history, as well as the latest universal artistic trends.





THIS ISLAND IS A FIESTA

Gran Canaria is an year-round fiesta. Its fine weather makes its squares, streets and beaches the ideal stage for festive celebrations. The island's rich historic past is highlighted through its popular fiestas, all with a truly Canarian seal.

If you are into disguises and magical nights, you'll love the Carnival. Open air music, murgas singing groups, comparsas dance troupes and a superb atmosphere on an island of fiestas. The colour and magic of the carnival invade the island.







AN ISLAND OF FLAVOURS

Gran Canaria is a larder packed full of gourmet products such as tomatoes, cheese, olives, tropical fruits, bienmesabe, oranges, sweet bananas, plus a huge variety of fish from local markets.

The only coffee to be cultivated in Europe, age-old rum and wines of unique varieties complete the perfect culinary blend of fine food and fine weather.









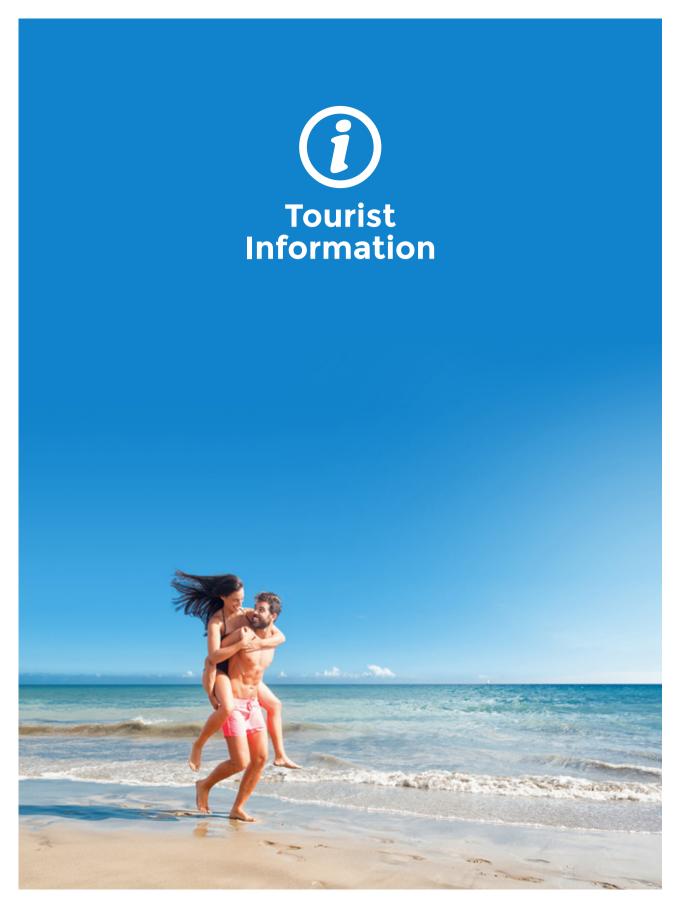
NO VAT

WE'RE OFF TO THE SHOPS

Going shopping in the great outdoors all year round is a wonderful leisure option. Shops range from boutiques and prestigious international brands to small, local arts and crafts shops. To mingle with others and to share with the pace of local life, come along to some of the open air markets set up all over the island every weekend.

The low levels of taxation applied to certain products is without doubt another great attraction for visitors. Go for shopping days out with no VAT.

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MORE INFORMATION

WWW.GRANCANARIA.COM/OIT

Gran Canaria boasts a wide range of tourist information offices, located around the island's municipalities. Here, visitors can obtain information about everything they need related to our culture, customs, places of interest, and so on.





The Gran Canaria Tourist Board

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